Kym’s Korner

Our teachers have been hard at work again this fortnight. Karen and Kerry-Anne both attended phonological awareness training last Thursday evening at Biddeston. They have also been busily working in conjunction with our regional project officer (Tania Leach), USQ and schools in our cluster on the development of the Small Schools English Framework. The upper school teachers will attend a planning for the Small Schools English Framework with Tania on Thursday next week. I’ve also been working with our cluster to implement the MiniLit programs across our school. Many of your children are already participating in these worthwhile programs.

Thank you to the parents who attended our feedback session on behaviour management last Monday. Beginning this fortnight we will be having regular news articles to explain and promote some of the strategies discussed.

Also beginning this week is ‘Wellcamp Whispers’ - a weekly report of our parade notes. This is available on the website under the news items and also through the Qschools app. If you have not already downloaded this app then please look for it on iTunes, it’s free and a great way to keep up to date with what is going on at our school and is a convenient way to add school events to your calendar.

Well done to our NAPLAN students last week. Our students tried very hard.

Behaviour Blog

Behaviour management is an important part of the education process. Without it, teachers find it difficult to teach and students find it difficult to learn. At Wellcamp State School, behaviour is managed in a number of ways to achieve a positive learning environment for the benefit of all. In this first blog, we will discuss the management of classroom behaviour.

From the evidence-based research of Bill Rogers (2008), we know that managing classroom behaviour should aim to enable students to (a) respect the rights of others to learn, to feel safe and to be treated with respect, and (b) own their behaviour and be accountable for all of their behaviour choices.

In this respect, behaviour management should be non-confrontational and have a clear structure that students understand and use to inform the choices they make. At Wellcamp, we have devised and implemented in each classroom a simple visual system that addresses these principles and allows students to monitor and if needed, adjust their behaviour. The traffic light system has three large circles – green, yellow and red. At the beginning of the school day, each student’s name is attached to the green circle. If a student starts to make inappropriate behaviour choices – such as talking when the teacher is talking – the student is reminded of the class rule. If the behaviour continues then the child’s name is moved to the yellow circle. At this stage the student can clearly see that their behaviour needs to change or he/she will move to red, where he/she will have a consequence for his/her behaviour. The following day, all students start on the green circle again.

Student behaviour is recorded daily on a chart and/or in student logs as another visual method of keeping track of behaviour choices made throughout the term. Students who remain on green for the week have their behaviour choices celebrated in a number of ways e.g. verbal acknowledgement, certificate, etc. This information can be easily accessed by parents and we urge you to take an active interest in the behaviour choices your child is making each day/week.

For more information on behaviour management at Wellcamp - including whole school, targeted and intensive behaviour support – please download the school’s Responsible Behaviour Plan on our website or ask for a copy at the office.

With Thanks

Mr Loughlin—fantastic job painting under A Block and the old tennis shed. Everything looks brand new!

Mr McCosker—fixing our cubby house and installing the whiteboard in the Community Room. Great cartoons!

Hewitt family—awesome job!

Mrs Missingham—her extra hard work putting in the gardens last week.
Lone Pine Excursion

There was much excitement at Wellcamp State School last Friday as we set off on our trip to Lone Pine. Despite some traffic delays we arrived ready to see as much as we could and interact with the animals.

After an initial talk on Australian Animals, we were able to touch a snake and a lizard. We also were given a chance to pat a beautiful koala. We were all very thrilled and ready for the next adventure so off we went.

Now it was time to enter the kangaroo enclosure and feed them some grass pellets. It was lovely to see these beautiful animals having such a large space to move around in safely. Even though they had eaten lots of grass, they were still ready to eat from our hands. Awesome!

We then split into class groups and were given a chance to see our favourite animals. These included dingoes, wombats, turtles and even a platypus.

Soon it was time to wave goodbye to all our new friends and begin the fun of the bus trip home.

What a fantastic day! Thank you everyone … just another beautiful day with our school.
Please remember to bring your library bag if you would like to borrow books

Prep (Miss Dowe) - Monday
1 (Miss Dowe) - Tuesday
3-5 (Mrs Cahill) - Tuesday
5 (Mrs S) - Wednesday
1-2 (Mrs Richter) - Thursday
6-7 (Mrs S) - Thursday

P&C INFO
Tuckshop—28.05.14
Morning Tea Emma G & Nellie L
Lunch Ann C & Nellie L
Fruit Salad Prep Kay A
Home Baking Rainbow Cupcake (Carla J)
Special Chicken & Gravy Roll - $3.00

Mowing
19.05.14—01.06.14 Jervis family
02.06.14—15.06.14 Quade family
16.06.14—27.06.14 Ziebell family
14.07.14—27.07.14 Loughlin family
28.07.14—10.08.14 Thompson family

Australia’s Physical Activity and Sedentary Behaviour Guidelines
Did you know that in January 2014 the Department of Health revised their physical activity and sedentary behaviour guidelines across all age groups based on research completed by the Australian Bureau of Statistics (Australian Health Survey: Physical Activity 2011-12)? The guidelines acknowledge and encourage the important role schools have in helping children meet their daily physical activity requirements. The following recommendations are for children aged 5-12 years.

Physical Activity
• At least 60 minutes of moderate to vigorous intensity physical activity every day.
• On at least three days per week, children should engage in activities that strengthen muscle and bone.

Sedentary Behaviour
• To reduce health risks, children aged 5-12 years should minimise the time they spend being sedentary every day. To achieve this, limit the use of electronic media for entertainment (e.g. television, seated electronic games and computer use) to no more than two hours a day.

Helping Children Who Catastrophise
Do you have a child who automatically assumes the worst case scenario in any risky or new situations? If so, then Michael Grose (Australia’s No 1 parenting educator) believes you have a catastrophiser on your hands. Catastrophisers exaggerate their worries and place enormous pressure on themselves. This makes them feel miserable and often stops them from doing something because they expect the worst possible outcome. According to Michael Grose, we all catastrophise from time to time particularly when we are under stress. However it is important to recognise this and to challenge the unhelpful or extreme thinking when it happens. There are a number of ways to challenge catastrophic thinking:
1. Sometimes it’s useful to introduce a dose of old-fashioned rational thinking e.g. “Yep, you could break your leg if you go skiing. But the odds are that you won’t.”
2. Admit that the thoughts could be right, but even if they are right and the worst case scenario does happen, the sun will still come up in the morning.
3. Get some perspective by giving the worry a score out of ten, on how important the issue really is. Want to learn more? Visit www.parentideas.com.au.

Josh Arnold—Small Town Culture
Small Town Culture will be working with our students to write a school song to video. Project Consent forms and also a Talent Release were sent home this week. If you would like your child to be eligible to take part in the video, please return the forms as soon as possible. If you do not want your child to take part in the video, simply do not return the forms. Please don’t hesitate to contact the school with any queries.

InterHouse Athletics Carnival
Please read, complete and return the attached survey regarding our annual InterHouse Athletics Carnival. As we no longer have an oval sufficient for this Carnival, we will be holding the carnival at Bunkers Hill State School this year. All students will be involved in the carnival. Various activities include running and throwing events for the older students, and running and fun games for our younger students. All parents, family members etc. are invited to come along and support the houses. Please return the form at your earliest opportunity or by Wednesday, 4th June at the latest. Thank you.

Parent Pointers
Helping Children Who Catastrophise
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This website has contributions from many different parenting experts and is full of age-appropriate tips, tricks and strategies to help children manage their emotions and thinking.
Friday, 23rd May
Josh Arnold auditions

Wednesday, 28th May
Harristown State High School transition info

Monday, 2nd June
Josh Arnold filming
P&C meeting from 7pm

Wednesday, 18th June
QCWA Morning Tea from 10.00am

Saturday, 21st June
Tennis court opening & welcome BBQ

Monday, 23rd June
Parent teacher interviews forms sent home soon

Thursday, 26th June
Inter House Athletics Carnival—Bunkers Hill SS

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**Star Kids**

Seth - Settling into Pre-Lit well
Haylee L - Settled into Pre-Lit well
Tyson - Settling into Pre-Lit
Cameron - Showing great initiative in completing his work
Nate - For a superb improvement in classroom behaviour. Two weeks on green!
Rohan - For improved effort with his English work. Loved his work on nonsense poetry!
Mitchell - Playing and working well with others.

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Any gardening or home magazines that are no longer wanted, would be greatly appreciated by our students. Thank you.
We will be holding our annual InterHouse Athletics Carnival on Thursday, 26th June. All students have been allocated a house – either Wirth or McKenzie. Students should wear their house shirts on this day.

We no longer have the room on our oval to hold this Carnival, so this year Bunkers Hill have kindly let us use their facilities.

All parents, family members etc. are invited to come along and cheer. However, we understand some families will be unable to transport their children to Bunkers Hill SS due to work commitments etc.

We are now looking for numbers to give us an idea of our travelling arrangements. Could you please indicate below if you would like us to hire a bus or if you will be coming along. You may also be able to arrange transport for your child/ren with family or friends. If you will be transporting your own children, there is no need to come to Wellcamp first, we will meet you at Bunkers Hill.

Please return the form at your earliest convenience or by Wednesday, 4th June at the latest. Please don’t hesitate to contact the school if you have any queries. Thank you for your support in this matter. More details regarding the carnival will be sent home closer to the date.

Kym Stansbie
Principal

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InterHouse Athletics Carnival
Thursday, 26th June, 2014

Family Name: ………………………..

☐ My child/ren will be attending the carnival and I have made transport arrangements for them to and from the carnival.

☐ My child/ren will be attending the carnival, however I need help with the transport to and from the carnival.

☐ My child/ren will NOT be attending the carnival.

Signature: ………………………..
Wellcamp State School P&C Association

Auction Catering

Our P&C Association has been given the opportunity to cater a BBQ breakfast and lunch at an upcoming auction, over two days, at GDL Auctions (behind Lancaster’s Antique Centre) on the weekend of:

Saturday, 30th & Sunday 31st August.

Catering continues to be a successful fundraising activity for our P&C Association. With support from parents at an auction earlier this year, we netted a $1,400 profit in one day!

Wellcamp State School P&C Association greatly welcomes volunteers in any capacity.

Should you wish to volunteer for the Auction Catering, please complete the form below and return it to the P&C mailbox at the school office by Friday, 30th May.

Wellcamp State School P&C Association

Auction Catering 2014: approx. 7am – 3pm Sat & Sun

Name: ___________________________ Phone: ___________________________

Email: ____________________________________________________________

Volunteering Options:

- Food ordering & pickup
- Transport of food & BBQ set up Sat
- Cooking Breakfast Sat    Serving Breakfast Sat
- Cooking Lunch Sat        Serving Lunch Sat
- Transport of food & BBQ set up Sun
- Cooking Breakfast Sun    Serving Breakfast Sun
- Cooking Lunch Sun        Serving Lunch Sun
- BBQ pack up Sun